

Name: _____
Clinic: _____
Date: _____

Lead Anticipatory Guidance

Post-Test

Please watch the Youtube video: "Lead Anticipatory Guidance" before completing this post-test.
I confirm that I watched the entirety of the video.

Signature: _____ Date: _____

This test is designed to determine your individual knowledge and skills. Please do not consult any notes or talk to anyone while you are taking this test. There is no time limit, but you can plan about 10-15 minutes for completion. Circle the correct answer to the best of your ability.

Please circle the correct answer to the following questions:

- 1. What is a "safe" level of lead in the blood?**
 - a. 0 micrograms per deciliter
 - b. .5 micrograms per deciliter
 - c. 5 micrograms per deciliter
 - d. 10 micrograms per deciliter

- 2. Lead poisoning can have what negative effects on a developing child?**
 - a. Central nervous system damage
 - b. Learning and behavior problems
 - c. Anemia
 - d. Death
 - e. All of the above

- 3. Lead can pass through the placenta and harm an unborn baby.**
 - a. True
 - b. False

- 4. What is the primary source of Lead poisoning in Long Beach?**
 - a. Pottery or ceramics
 - b. Pencils and certain pens
 - c. Pre- 1978 housing
 - d. Cosmetics

Please mark all correct answers to the following questions:

- 5. What steps can parents take to ensure minimal Lead exposure for their children?**
(select four)
 - ☐ Wipe children's hands and faces before eating and before going to bed
 - ☐ Discard of all lead-pencils in the house. Restrict pencil use to less than 1 hour per day

- ☐ Wet-mop or damp-wipe floors and all surfaces at least once a week and always before eating
- ☐ Avoid use of imported candies, medicines, and cosmetics
- ☐ Keep lead-burdened children away from other children in the house, as Lead poisoning is contagious
- ☐ If parents work in a high-risk job, they should shower before coming home

6. Which nutrients can help prevent the absorption of Lead in the body? (select three)

- ☐ Iron
- ☐ Vitamin B
- ☐ Vitamin C
- ☐ Calcium

7. When should you perform a blood Lead test? (select six)

- ☐ At 6 months of age
- ☐ At 12 months of age
- ☐ At 24 months of age
- ☐ Between 12 and 24 months of age if child did not receive a blood lead test at 12 months
- ☐ Children under 6 years of age who did not receive a test at 24 months or prior
- ☐ At least once between the ages of 6 and 21
- ☐ Any child at any age if medically indicated
- ☐ Any child at any age if parents express concern

I confirm that I completed this test by myself without consulting any notes or other external references.

Signature: _____ Date: _____